

# WEEK 1

## LESSON GUIDE



### BIG IDEA

It's always good to be humble.

### BIBLE

**The Speck and the Plank:** Matthew 7:1–5;  
John 20:19–31

From retro toys to fashion trends, we all love a good throwback. (Especially for grown-ups because it reminds us of being young again.) There are things that remind us of a moment in time, but other things feel timeless and like they're always in style. In this four-week series, kids will travel through the decades and see that the teachings of Jesus in the Gospels are always trending. As we hear from Jesus, we'll see **it's always good to be humble, we can always forgive, Jesus is always fair, and love always needs action.**

Wassup everyone! Welcome to our new series, *Throwback*. Each week, we'll go back in time and see that the things Jesus taught are always trending because Jesus is the same yesterday, today, and forever! This week, we'll start with the 2000's. Let's go, peeps!

### POLL | Dance Dance Revolution

- **INSTRUCTIONS:** See the following fashion trends from the 2000s.



- It's time for "Dance Dance Revolution!" Oh wait, you probably don't know what that is. It was a very popular game in the '00s where you would step on these arrows to line up with the beat of a song.
- Look at each picture of a popular 2000's trend . . .
  - **Jump forward** if you think it's something that still works today,
  - **Jump back** if you think you're glad you weren't alive in the 2000's, or
  - **Jump out with both your feet** if you're not sure how you feel.
- It's easy to poke fun at these old fashion trends, but have you thought about some of the things that are in style now? Today's Bible story is going to show us that it's so much easier for us

to point out what other people are doing than to examine ourselves . . . and how that's not the best way to be.

**BIBLE STORY** | Watch the Bible Story from the online lesson from **Matthew 7:1-5**.

## DISCUSSION

### • SCRIPTURE QUESTIONS

- **What do you think it means to judge others? Why does Jesus tell us not to do this?**  
*Judging others means to make decisions about others without having all the information, to point out what others are doing wrong, or to assume the worst in people. Jesus tells us not to because we are all the same in God's eyes.*
- **What example did Jesus use to explain how people judge others? He used pointing out a speck of sawdust in someone else's eye when you have a plank in your own eye.**
- **What did Jesus mean when he said to take the plank out of your own eye? He meant that you should be aware of your own shortcomings and not point out other people's faults.**

### • APPLICATION QUESTIONS

- **What do you think it means to be humble?**
- **What are some ways you can lift others up, especially when you don't feel like it?**

**BIG IDEA** | **It's always good to be humble.**

**SCRIPTURE** | **John 20:19-31**

- **INSTRUCTIONS:** **Read John 20:19-31**
- So in the 2000's, shades (sunglasses) were a big deal. Check out some of these shades that people used to wear! (Click through the pics in the slideshow or pass around the printed pictures.)

"Shades" Sunglass Trends from the 2000s...



- In addition to wearing shades, people began "throwing shade." Now that definitely didn't mean throwing your super cool sunglasses! "Throwing shade" meant you would talk negatively about someone or something they did, right in front of them.
- In the passage we just read, it's easy for us to throw at least a little shade at Thomas for not believing that Jesus was alive. Jesus was patient, however. Jesus helped Thomas see and believe.

- It's easy to throw shade at other people. It's easy to see what they're doing wrong more than what we're doing wrong. But we're not better than anyone else, not in God's eyes. In God's eyes, in which there is neither speck nor plank, we are loved the same.
- If we follow in the footsteps of Jesus, we can learn to be patient and understanding with others, just as Jesus was with Thomas and still is with us. We can admit we don't always have the answers, and that makes us humble. And **it's always good to be humble!**

### PRAYER

- Jesus, thank you for always being the same. You showed us how to be humble instead of judging others for their mistakes. Teach us how to encourage and lift others up instead of bringing them down. Amen.

### ACTIVITY OPTION #1 | ACTIVITY | Mad Lib Recap

- **INSTRUCTIONS:** Click on the Lesson link and print the Madlibs printable page. Complete the pages and fill in the blank for the various forms of speech.
- Let's review what we talked about today in true 2000s fashion . . . Mad Libs! No matter how silly your story turns out, remember our Big Idea: **It's always good to be humble.**

### ACTIVITY #2 | Bible Story or Memory Verse Printable

Print either or both the Bible Story and Memory Verse Printable. This will help remind you of the Big Idea for today and also our monthly memory verse.

### MEMORY VERSE | Hebrews 13:8 (NIV)

- **"Jesus Christ is the same yesterday and today and forever."**

INSTRUCTIONS: Practice this month's memory verse with the signs (a combination of SEE and ASL) by watching the video from the Proclaim presentation (or from the device in your room's document saved feature).



# MAD LIBS RECAP

1. Adjective + est (Example: coolest): \_\_\_\_\_

2. Plural noun (Example: boats): \_\_\_\_\_

3. Adjective: \_\_\_\_\_

4. Verb: \_\_\_\_\_

5. Noun: \_\_\_\_\_

6. Verb + ing (Example: running): \_\_\_\_\_

7. Plural noun: \_\_\_\_\_

8. Adjective: \_\_\_\_\_

9. Adjective + er (Example: stronger): \_\_\_\_\_

10. Verb: \_\_\_\_\_



# MAD LIBS RECAP

Today, we learned a little about life in the

\_\_\_\_\_ decade, the 2000s. I think the

①

\_\_\_\_\_ back then were pretty \_\_\_\_\_.

②

③

I can't believe that people used to \_\_\_\_\_

④

their \_\_\_\_\_ to school. Most importantly, we

⑤

learned about something Jesus taught, which never

goes out of style, like \_\_\_\_\_

⑥

\_\_\_\_\_. Instead of judging people for their

⑦

\_\_\_\_\_ mistakes or thinking we're

⑧

\_\_\_\_\_ than them, it's always good to be

⑨

humble! Can't wait to \_\_\_\_\_ what else we

⑩

can learn from Jesus!



**BIG IDEA:** It's always good to be humble.

**BIBLE: The Speck and the Plank:** Matthew 7:1-5; John 20:19-31

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