

WEEK 2

LESSON GUIDE



BIG IDEA

Wow! Jesus has the power to calm our fears.

BIBLE

Jesus Calms the Storm: Luke 8:22–25;
Psalm 50:1–6

Whether it's a rocket car powered by soda and mints or a tornado in a water bottle, there's so much in our world that can fill us with awe. The world of STEM is full of things that look like little miracles, but they're nothing compared to the miracles God can perform. In this four-week series, kids will take a look at some of the miracles that Jesus performed during his ministry. Through stories showing the power of Jesus, they'll no doubt go, Wow! Jesus **has the power to heal, to calm our fears, to provide, and to save.**

Wow! Welcome back. Are you ready to continue exploring the power of God through STEM, or science, technology, engineering, and math? STEM is everywhere you look, especially in the outrageous inventions that were designed to help humans do all sorts of things. There is someone who is way more powerful and helpful than anything we can engineer!

THINK ABOUT IT | Inventions For Fear

- **INSTRUCTIONS:** Think about the following inventions...a [nightlight](#) (fear of the dark), [bug spray](#) (fear of bugs), [Ava the Elephant](#) medicine dispenser (fear of taking medicine), [noise-canceling headphones](#) (fear of loud noises), or [security systems](#) (fear of unknown danger).
- Did you know that the scientific name for fear is "phobia"? When you're afraid of heights, it's called "acrophobia," and when you're afraid of being in tight, crowded spaces, it's called "claustrophobia." There are lots of inventions out there that were made to help people who have different phobias.
- **What fear do you have that you could use an invention for?**
- We'll learn today that no matter what we're afraid of, there's someone who can calm our fears!

BIBLE STORY | Watch the Bible Story from the online lesson from **Luke 8:22-25**

DISCUSSION

- **SCRIPTURE QUESTIONS**
 - **What was Jesus doing when the storm came?** *Sleeping.*
 - **How did Jesus calm the storm?** *He spoke to it, rebuking the wind and sea.*
 - **What did Jesus say to his disciples afterwards? What do you think he meant by that?** *He asked them where their faith was. They might have let their fear cause them to forget that Jesus was with them or what Jesus can do.*

• APPLICATION QUESTIONS

- Whenever you were afraid, what would you do in response to your fear?
- Now that we know Jesus has the power to calm our fears, what can we do when we face our fears?
- How can you help others when they are feeling afraid?

BIG IDEA | **WOW! Jesus has the power to calm our fears.**

SCRIPTURE | Psalm 50:1–6

- **INSTRUCTIONS:** **Read Psalm 50:1-6**
- Wow! The same God who commands all of the heavens and all of the earth, who tells the sun when it should rise and when it should set, is the very same God who cares about what you and I care about. In addition to overseeing the entire universe, God sees you and me.
- In verse 6, we're reminded that God is for justice. The word "justice" means to make right what is wrong. God is all about defending people who feel powerless and paralyzed by fear. Just knowing that helps me feel calm when I'm afraid.
- This psalm says that God has the power to do anything — like calming storms — but also, **wow! Jesus has the power to calm our fears . . .** and he cares enough to do that for us!

PRAYER

- Wow, God, you are powerful! The wind, the storms, and all of creation are at your command, yet you care about us most of all. Thank you for your power that calms our fears. Help me to remember you are with me whenever I am afraid. Amen.

ACTIVITY OPTION #1 | **Catapults of Courage**

- **INSTRUCTIONS:** *Here is a challenge for you: Construct a creative and functional catapult for a crumpled piece of paper. Write the word "fear" on the paper and set it aside. You'll need jumbo craft sticks, rubber bands, spoons, and paper cups to create your catapult. With a trusted adult's help, research on the internet for various ways to create a catapult using craft supplies.*
- Even though I'm sure your real life contraption turned out to be spectacular at getting rid of the "fear" paper, our real-life fears may not be catapulted out of our lives so easily. In those situations, what can we do? Turn to Jesus! **Wow! Jesus has the power to calm our fears.** It never stops being true, and it never stops being amazing!

ACTIVITY #2 | Bible Story or Memory Verse Printable

Print either or both the Bible Story and Memory Verse Printable. This will help remind you of the Big Idea for today and also our monthly memory verse.

MEMORY VERSE | **1 Chronicles 29:12b (NIV)**

- **"In your hands are strength and power to exalt and give strength to all."**

INSTRUCTIONS: Watch the video from the online lesson page and practice this month's memory verse with the signs (a combination of SEE and ASL).



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